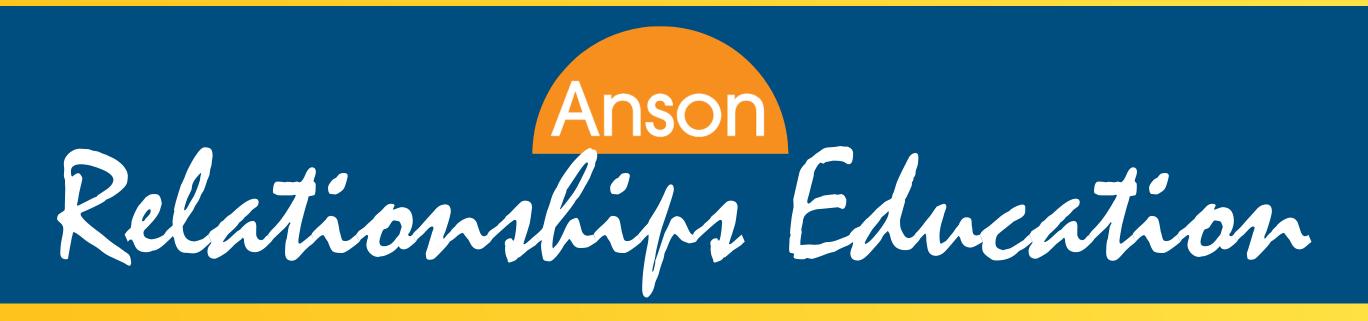


Nursery & Reception

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Self-identity	Identifying talents	Challenges	Exercising bodies	Family life	Bodies
Understanding feelings	Being special	Perseverance Goal-setting	Physical activity	Friendships *	Respecting my body
Being in a classroom	Families *	Overcoming obstacles	Healthy food	Breaking friendships	Growing up
Being gentle *	Where we live	Seeking help	Sleep	Falling out	Growth and change
Rights and responsibilities	Making friends	Jobs	Keeping clean *	Dealing with bullying	Fun and fears
	Standing up for yourself	Achieving goals	Safety	Being a good friend	Celebrations

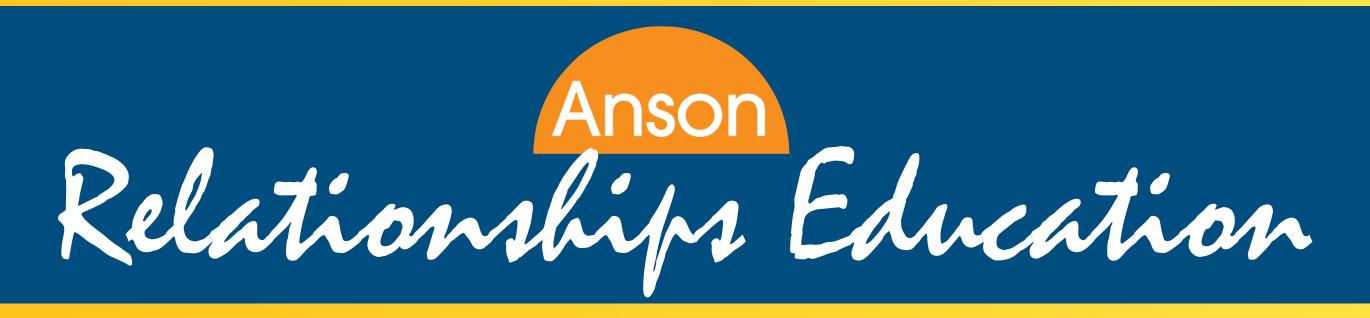
^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year One

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Feeling special and safe	Similarities and differences	Setting goals	Keeping myself healthy	Belonging to a family *	Life cycles: animal & human
Being part of a class	Understanding bullying and	Identifying successes and	Healthier lifestyle choices	Making friends/being a good	Changes in me *
Rights and responsibilities	knowing how to deal with it	achievements	Keeping clean *	friend	Changes since being a baby *
Rewards and feeling proud	Making new friends *	Learning styles	Being safe	Physical contact preferences	Differences between female
Consequences	Celebrating the differences in everyone	Working well and celebrating achievement with a partner	Medicine safety/safety with	People who help us	and male bodies
-	Cveryone	•	household items	Qualities as a friend and	Linking growing and learning
Owning the Learning Charter		Tackling new challenges	Road safety	person	Coping with change
		Identifying and overcoming obstacles	Linking health and happiness	Self-acknowledgement	Transition
		Feelings of success		Being a good friend to myself	
		i ceiliga di auccesa		Celebrating special relationships	

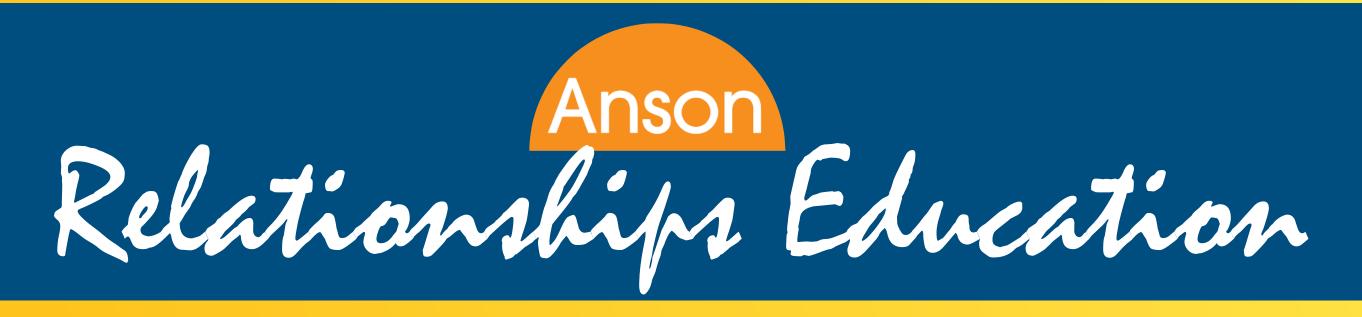
^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year Two

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends *	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family * Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature * Growing from young to old Increasing independence Differences in female and male bodies * Assertiveness * Preparing for transition

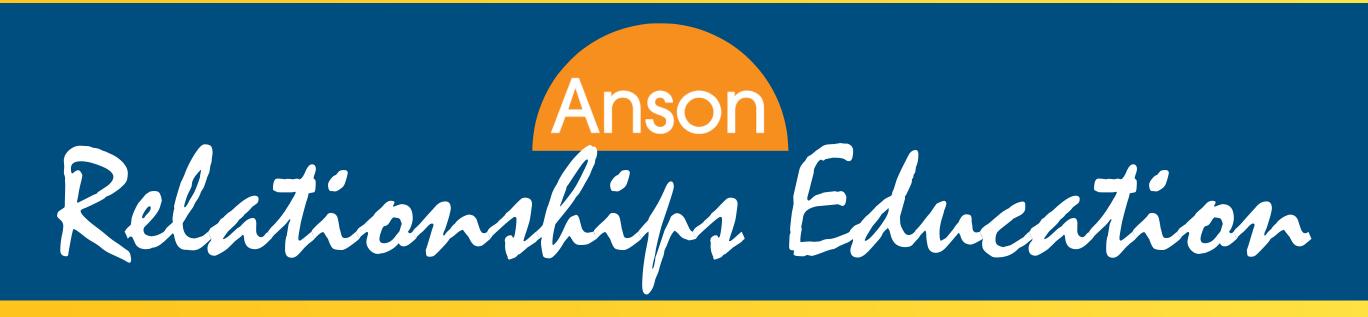
^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year Three

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Setting personal goals	Families & their differences *	Difficult challenges and achieving success	Exercise	Family roles and responsibilities	How babies grow
Self-identity and worth	Family conflict and how to	Dreams and ambitions	Fitness challenges	Friendship and negotiation	Understanding a baby's needs
Positivity in challenges	manage it (child-centred)	Dieanis and ambitions	Food labelling and healthy	Friendship and negotiation	Challenging my ideas
	Witnessing bullying and how	New challenges	swaps	Keeping safe online and who	
Rules, rights and responsibilities	to solve it	Motivation and enthusiasm	Attitudes towards drugs	to go to for help	Preparing for transition
responsibilities	Recognising how words can		Attitudes towards arags	Being a global citizen	
Rewards and consequences	be hurtful	Recognising and trying to	Keeping safe and why it's		
Responsible choices	Giving and receiving	overcome obstacles	important online and off line scenarios	Being aware of how my choices affect others	
Responsible choices	compliments	Evaluating learning processes		Choices affect officers	
Seeing things from others'			Respect for myself and others	Awareness of how other children have different lives	
perspectives		Managing feelings	Healthy and safe choices *	Ciliaren nave dinerent ilves	
		Simple budgeting		Expressing appreciation for family and friends	

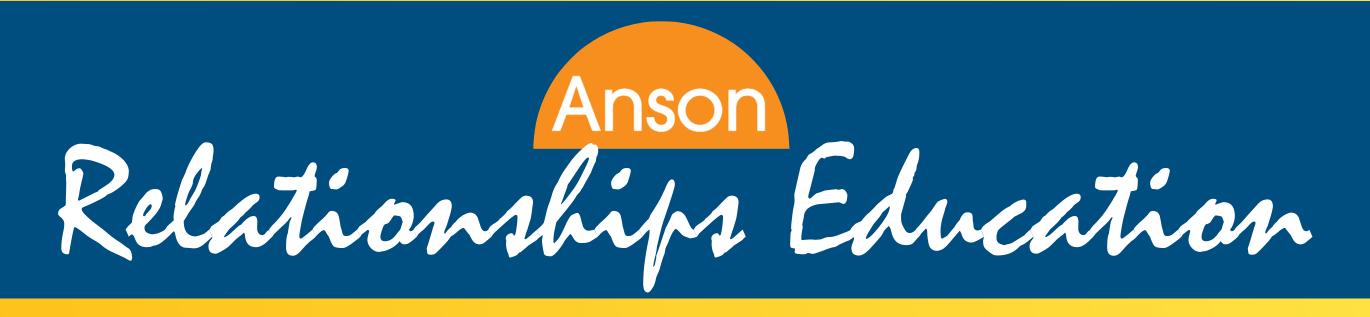
^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year Four

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Being part of a class team	Challenging assumptions	Hopes and dreams	Healthier friendships *	Jealousy	Being unique
Being a school citizen	Judging by appearance	Overcoming disappointment	Group dynamics	Love and loss	Puberty *
Rights, responsibilities and democracy (school council)	Accepting self and others	Creating new, realistic dreams	Smoking	Memories of loved ones	Confidence in change *
	Understanding influences	Achieving goals	Alcohol	Getting on and Falling Out	Accepting change *
Rewards and consequences	Understanding bullying	Working in a group	Assertiveness	Girlfriends and boyfriends	Preparing for transition
Group decision-making	Problem-solving	Celebrating contributions	Peer pressure	Showing appreciation to	Environmental change
Having a voice	Identifying how special and	Resilience	Celebrating inner strength	people and animals	
What motivates behaviour	unique everyone is	IXesilience	Celebrating inner strength		
	First impressions	Positive attitudes			

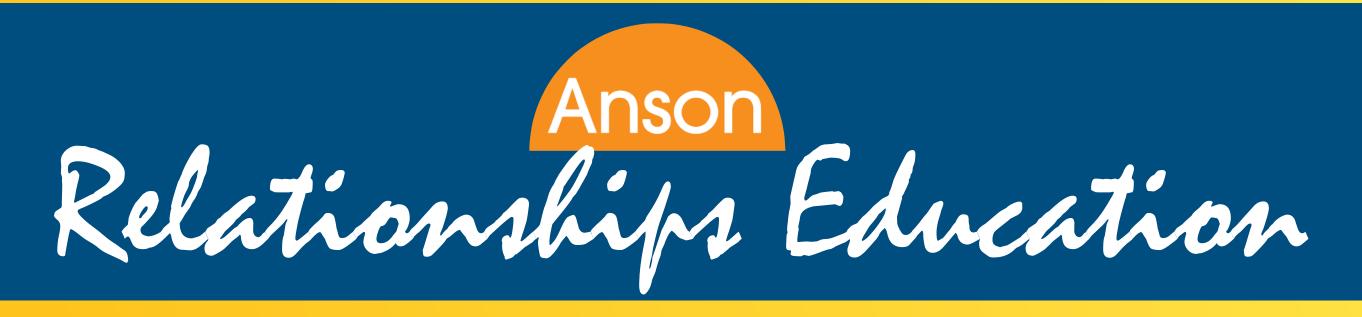
^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year Five

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	they can cause conflict Racism Rumours and name-calling Types of bullying	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self- worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls * Puberty for boys * Conception * Growing responsibility Coping with change Preparing for transition

^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials



Year Six

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Me In My World	Celebrating difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Identifying goals for the year Global citizenship	Perceptions of normality Understanding disability	Personal learning goals, in and out of school	Taking personal responsibility How substances affect the	Mental health: identifying mental health worries and sources of support	Self-image Body image
Children's universal rights	Power struggles	Success criteria Emotions in success	body Exploitation, including	Love and loss	Puberty and feelings *
Feeling welcome and valued	Understanding bullying	Making a difference in the	'county lines' and gang culture	Managing feelings	Conception to birth *
Choices, consequences and rewards	Inclusion/exclusion	world	Emotional and mental health	Power and control	Reflections about change
Group dynamics	Differences as conflict, difference as celebration	Motivation	Managing stress	Assertiveness	Respect and consent *
Democracy, having a voice	Empathy	Recognising achievements		Technology safety	Transition
Anti-social behaviour		Compliments		Take responsibility with technology use	
Role-modelling					

^{*} Christopher Winter resources to be used in conjunction with Jigsaw materials