
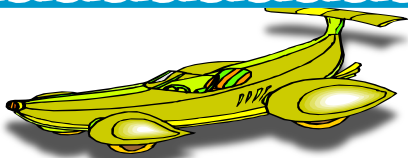


## Oasis Catering

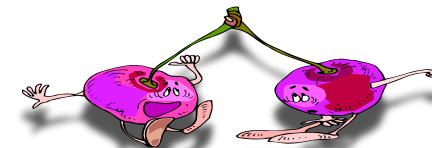
### Spring/Summer Menu 2024



Week 1	 <b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Option one</b>	<b>Vegan Spaghetti Bolognese</b>	<b>Chicken Curry with Basmati Rice</b>	<b>Sausages with Fresh Mash potatoes and Gravy</b>	<b>Meat Lasagne with potato wedges</b>	<b>Golden <i>Chicken Nuggets with chips</i></b>
<b>Option two</b>	<b>Traditional seasonal Vegetable Cous Cous</b>	<b>Macaroni Cheese</b>	<b>Vegetable Nuggets with Savoury Pasta</b>	<b>Loubya (Moroccan white bean casserole) with spinach</b>	<b>Spicy Burger with chips</b>
<b>On The Side</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Garden Peas Baked Beans</b>
<b>Daily Items</b>	<b>fresh fruit, Selection of bread and salad selection available daily</b>				
<b>Dessert</b>	<b>Flap Jacks</b>	<b>Fruit jelly</b>	<b>Greek Yogurt with Fruit</b>	<b>Apple Crumble and Custard</b>	<b>Ice cream</b>
<b>Notes:</b>	<b>All vegetarian dishes will contain a protein, e.g. Quorn, lentils, chickpeas; All meals comply with Government Food Standards developed by the schools Food Trust</b>				





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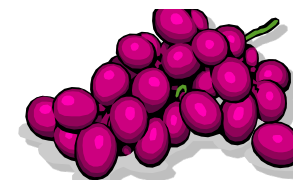


Week 2	 <b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Option one Main Dish</b>	Creamy Quorn chicken with Broccoli Pasta	 msc Golden breaded fish fillets served with potato wedges.	Roast chicken with Roast potatoes and gravy	Chilli con carnie With Rice	Fish fingers with chips
<b>Option two</b>	Vegetable (lentils) curry with Rice	Mediterranean Roasted vegetable pasta	Macaroni Cheese	Jacket potatoes with cheese and beans or savoury vegan chili	Margherita Pizza with chips
<b>On The Slide</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked beans
<b>Daily Items</b>	<b>fresh fruit, bread, and salad selection available daily</b>				
<b>Dessert</b>	Home Made flap jacks	Fruit jelly	Greek Yogurt with Fruit	Apple Crumble and Custard	Ice Cream
<b>Notes:</b>	<i>All vegetarian dishes will contain a protein, e.g. Quorn, lentils, chickpeas; All meals comply with Government Standards developed by the schools Food Trust</i>				






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### Spring/Summer Menu 2024

Week 3	 <b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main dish one</b>	<i>Vegetable lasagne served with Wedges</i>	<i>Lamb Madras with pilau Rice</i>	<i>Moroccan grilled chicken with lemon and olives served with steamed Rice</i>	<i>Spaghetti Bolognese</i>	<i>Chicken Burger with Chips</i>
<b>Main dish two</b>	<i>Classic Ratatouille served with steamed cous cous</i>	<i>Macaroni Cheese</i>	<i>Fusilli Pasta with Vegan mince in Savoury Tomato sauce</i>	<i>Baked potatoes with Mixed Bean Casserole</i>	<i>Spicy Burger with chips</i>
<b>On The Side</b>	<i>Seasonal Vegetables</i>	<i>Seasonal Vegetables</i>	<i>Seasonal Vegetables</i>	<i>Seasonal Vegetables</i>	<i>BBQ Baked Beans</i>
<b>Daily Items</b>	<i>fresh fruit, bread, and salad selection available daily</i>				
<b>Dessert</b>	<i>Home Made flap jacks</i>	<i>Fruit jelly</i>	<i>Greek Yogurt with Fruit</i>	<i>Fruit Crumble and Custard</i>	<i>Ice Cream</i>
<b>Notes:</b>	<b>All vegetarian dishes will contain a protein, e.g. Quorn, lentils, chickpeas; All meals comply with Government Standards developed by the schools Food Trust</b>				



Oasis Catering Spring/Summer Menu 2024

This menu is 100% compliant for School Food Trust nutrient-based standards.